

## IT TAKES A VILLAGE

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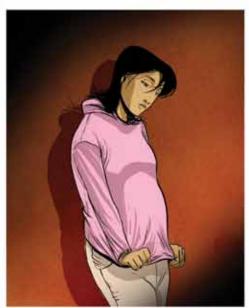












































YOU'RE GONNA DO GOOD -YOU'LL SEE. HAVE TO LOOK
AFTER YOURSELF.
YOUR BABY'S BRAIN
IS JUST GROWING
AND DEVELOPING
NOW.

IF YOU DRINK, YOU COULD HURT THE WAY YOUR BABY LEARNS AND BEHAVES. AND SHE COULD HAVE PHYSICAL DISABILITIES, TOO.

FOR THE REST OF HER LIFE.

IT'S CALLED FASD - FETAL ALCOHOL SPECTRUM DISORDER. IT DOESN'T GO AWAY WHEN YOUR BABY GROWS UP. IT LASTS FOREVER, SO YOU HAVE TO PROTECT YOUR BABY'S BRAIN.

























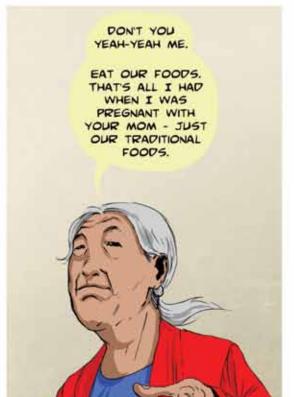
WELL, YOU EAT THIS. AND DRINK THIS. IT'S GOOD FISH.

SOMETHING WHISPERED IN MY EAR - SAID YOU HAVE TO EAT MORE FISH.

AND YOU HAVE TO MAKE SURE YOU EAT ENOUGH WHOLE GRAINS AND DAIRY AND VEGGIES AND FRUIT.

ALL THAT HEALTHY STUFF. BABY NEEDS IT.









NO. NOT GROSS. YOU KNOW YOU HAVE TO BE CAREFUL ABOUT MEDICINES - EVEN OUR TRADITIONAL ONES. YOU CAN'T JUST BE TAKING ANYTHING.





I KNOW.

